Hibernation means sleeping through the winter. Animals eat a lot to prepare for hibernation. This helps them put on extra fat to keep them alive. They look for a safe place to sleep such as a cave, den, or burrow. An animal’s breathing and heart rate slows down.

Black bears, groundhogs, bats, toads, frogs, turtles, lizards, snakes, snails and some insects hibernate.

Some insects lay eggs under leaves or in trees to hatch in the spring.

1. Hibernation means ________________________________________

___________________________________________________________

2. What do animals need to do before they hibernate? ______________

___________________________________________________________

3. Name three animals that hibernate? ____________________________

___________________________________________________________

** Color the black and white pictures.
** Highlight the “star” words in the writing.